

Ingredients

Lavender, fine; Peppermint,
Fractionated Coconut

STANDARDS OF QUALITY

All ingredients in goDésana Organics products are 100% pure and therapeutic, meaning they are sourced and approved by Master Formulator Alexandria Brighton to the highest standards possible.

Our raw plant ingredients are chosen for their integrity (all chemical constituents important for use are intact), ecological 'soundness' (all are organic or wild-crafted), and the specific therapeutic chemical constituent percentages that Alexandria Brighton insists upon for safety and therapeutic properties.

DISCLAIMER

The information in this document has not been evaluated by the FDA and is not intended to treat, diagnose, cure, or prevent any disease. This information is not intended as a substitute for the advice or medical care of a qualified healthcare professional and you should seek the advice of your healthcare professional before undertaking any dietary or lifestyle changes. This information is provided for educational purposes only.

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Lavender Ice For Kids & Elderly

Headaches are a painful, recurring experience for many people. They may be caused by stress, eye strain, allergies, sinus congestion, hormone imbalances, and many other causes.

Nonsteroidal anti-inflammatory drugs (usually abbreviated to NSAIDs) are a class of drugs that provide analgesic (pain-killing) and antipyretic (fever-reducing) effects, and, in higher doses, anti-inflammatory effects.

At least one recent study has begun to examine a potential link between the usage of non-steroidal anti-inflammatory drugs (NSAIDs) and autism in children (<http://www.ncbi.nlm.nih.gov/pmc/articles/PMC3673819/>). Additionally, some physicians have concerns that ibuprofen and other NSAIDs can cause kidney damage.

Reye's syndrome, a rare but potentially life-threatening condition, has been linked to aspirin usage in children and teenagers. Though approved for use in children over the age of 2, aspirin should not be given to adolescents recovering from chickenpox or flu-like symptoms.

Most headaches aren't serious, but you should seek prompt medical care if your child's headaches wake your child from sleep, worsen or become more frequent, change your child's personality, follow an injury such as a blow to the head, feature persistent vomiting or visual changes, or are accompanied by fever and neck pain or stiffness.

Lavender Ice For Kids & Elderly is a proprietary blend of Essential Oils that have been shown to assist and help support the body with headaches in children over 3 years of age and the elderly.

INGREDIENT HIGHLIGHTS

- Lavender, fine contains high amounts of linalyl acetate, offering anti-inflammatory and sedative properties that make it ideal for alleviating headaches.
- Peppermint contains high amounts of menthol, which helps to relieve and ease tension headaches as well as relieving aches and pains.

SUGGESTED USAGE

- For headache, apply Lavender Ice For Kids & Elderly neat to the temples, forehead, and over the ear, following the hairline and across the back of the neck. Be careful not to get it too close to the eyes. This can be repeated as needed.
- Apply Lavender Ice For Kids & Elderly neat to areas of the body experiencing pain due to tight muscles, strains or sprains, or from blunt trauma such as slamming a finger in a door or stubbing a toe. Gently massage in; repeating as necessary.

PREGNANCY & CHILDREN

Topical

Infant to 3 months - *not recommended*

3 months to 3 years - *not recommended*

3 to 6 years - *follow suggested usage*

6 to 10 years - *follow suggested usage*

Pregnancy - *safe in 2nd trimester following suggested usage*

Bath

not recommended

RESPONSIBLE CAUTIONS

- Generally non-toxic, non-irritant (except in concentration), possible sensitization.
- Keep out of reach of children and pets.
- Use as directed, and adhere to Responsible Cautions at www.godesana.com/cautions.asp.
- Store away from sunlight, at room temperature, with lid securely tightened.
- Use caution in cases of high blood pressure.

availability

10ml AromaStix



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Alexandria Brighton Collection
ESSENTIAL OILS

